## Bills or expenses causing Canadians stress 51% Groceries

27%

Rent

loans)

There are no bills or expenses

causing me financial stress

Phone or internet bills

Medical/dental bills

Car or home repairs

social events, sports)

Travel (e.g. accommodation, fare)

Source: Finder survey by Pollfish of 1,001 Canadians, January 2025

Utility bills 26% Mortgage payments 21% Non-mortgage debt payments (e.g.,

credit cards, student loans, personal 16%

15% 14%

13% Car or home insurance payments 11% 10%

8% Entertainment costs (e.g., eating out, 7%

**Je Finder**